



Candles



There is something about a candle that makes it more spiritual than physical. A physical substance, when spread or used, becomes thin, or wears out. Spirituality, when spread, expands and grows. If I share the wisdom I have, it will spread itself onto others and I will grow more from the love of sharing

it. When you give a spiritual gift, the one receiving it gains, and you lose nothing. This is the spiritual property that candles share. When you use one candle to light another, the original candle remains bright. Its light is not diminished by being shared; on the contrary, the two candles together enhance each others' brightness and increase light. So by burning more candles, you spread more light around you, and it's a never ending process.

The symbol of the candle is the light we all have within. By spreading that light, we illuminate all those around us, and they light their own "candles" within themselves, and thus the brightness expands.

Colored candles can be used to enhance positive visualization - each color has its association with the Chakras and can be used in meditation. White candles can be used for higher awareness, and protection, black is believed to stop negative thoughts and confusion, red for creative energy and power, blue for health and tranquility, and so on. Lighting a candle and dedicating it to a certain angel is a way of summoning him/her into your life, and asking for guidance and protection.

The beauty of a lighted candle is magical. The candle you light in your soul and the light that it shines is inextinguishable. So spread your light wherever you are and whatever you do - your contribution to brightening up the world is more precious then you'll ever know!

Christmas Snow Globes



Watching the snow fall through my window, makes me think of the beautiful Christmas snow globes that I've always loved so much. I've always been fascinated by the scenery in them, be it a snowman, or a cottage, or just a single pine tree whose branches are bent down from the weight of the fallen snow...

What beauty lies in those little Dreamland scenes, that I love to gaze at them so?

It's the peace of mind and the tranquility that comes over me while I'm gazing at those snowy fairytales. I feel like I'm part of the scene that has been put up inside. I am the girl with the ice-skates, with the pink sweater and pink woolen mittens, blinking at the tiny snowflakes falling on her face. I'm the Christmas tree covered with snow and decorated with sugarcanes, proud to be stared at by the children gathered around it. I am the Santa Claus carrying the heavy bag filled up with toys on my back, my nose cold and red, and my beard glistening from the frost.

I am the Gingerbread Man smiling at you through the tiny snow storm that takes place before your eyes and softly settles down to reveal my decorated body.

I'm every man, woman and child with a Christmas wish. We are all one in that beautiful search for comfort, warmth, happiness, and love. We are all connected with bonds much stronger and more meaningful than bloodlines. Each one of us is a snowflake on the other's eyelashes. All together we make that beautiful blanket of snow that glistens and gives us the magic we search so hard for. No snowflake survives alone for long. But when there are many, many beautiful

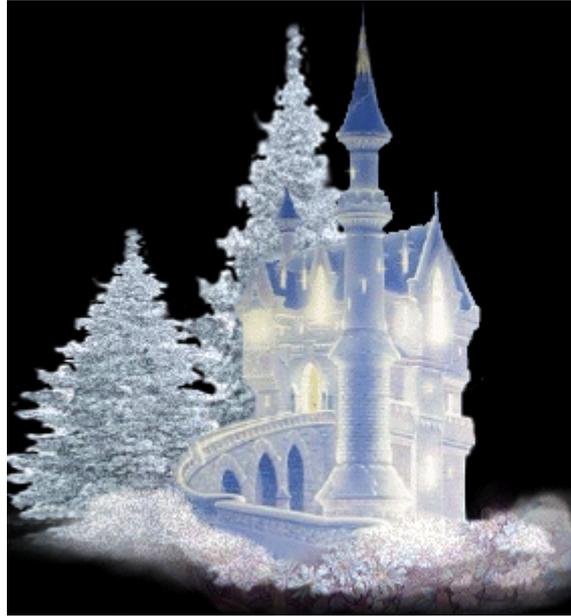
silvery ones joining together and holding hands - miracles are born, and snow blankets form...

We are all one. Just like snowflakes - we are all unique in our own way. But only together can we make the changes, can we form blankets, can we glisten in the dark by the light of the moon.

I've always loved snow globes. They remind me that I can be whatever I choose whenever I want, and that especially comes up at Christmas time, when the scene inside my globe resembles the one I see through my window...



Crystal Lullaby



Look how fast it goes,
This priceless jewel of time,
A piece of music kept
Few words to make a rhyme,
I admit that I've been dreaming,
For once I'll maybe fly,
Falling asleep soundlessly
In my Crystal Lullaby.

However far I travel
The secret follows me along,
The wonder of the moment
Of singing you this song
I'll walk across the water; I'm willing to try

To bring to you the smallest part
Of my Crystal Lullaby...

Thousand winds have whistled
Through my broken heart
Blooming flowers losing
Their magic from the start...
I admit that I've been hoping,
That there's really no goodbye,
Just falling asleep quietly
In my Crystal Lullaby...

However far I travel
The secret follows me along
The magic of the moment
Of giving you this song
I'll walk across the waters
I'm willing to try
To share with you what's in my heart
And the Crystal Lullaby...

If by losing someone
A part of you may die
Remember, I'll be there for you,
Remember I've been there - like you,
We share the Crystal Lullaby...



Dreams and Desires

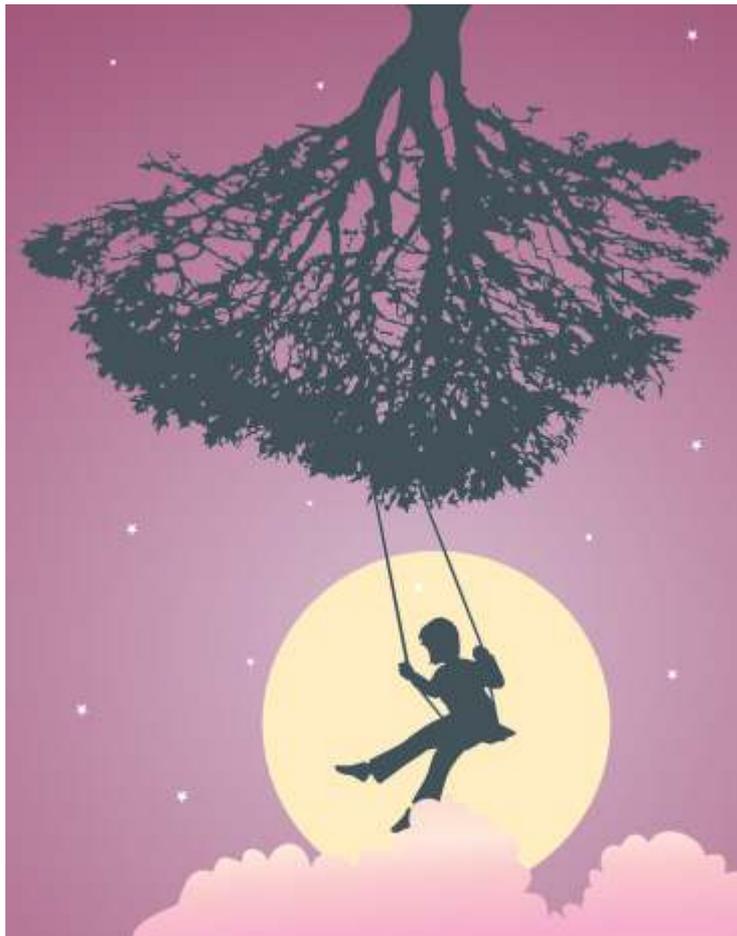


The desires of your heart do come from your Soul. Your Soul which is the Higher or Expanded Self that knows all that you are capable of being and doing. It sees your true potential and sends you the longings to fulfill your heart's desires because they are the only desires that are truly worthy of your achieving. Yes, there may be many other things that you accomplish and manifest in this life that are good and worthwhile. And yes, they may fulfill you on different levels for a time. Yet they never seem to be what you truly want for yourself and your life. There is always this longing for "something more" that you may not always be able to define in words, and yet you recognize as coming from the deepest part of yourself. You may have thought that by achieving goals that you hoped would take the place of your true heart's desires that you could feel satisfied and happy with that, that the longings and the "what if's" would somehow be diminished and eventually cease to be. Yet you can never put out the fire of your own Soul! Even if you were able to dim it to the tiniest spark, it is infinite and can never be put out.

Life is HUGE! It is magnificent! It is filled with wonder and experiences that are simply waiting for us to wake up to the reality that they exist! Life and we ourselves are so much larger, expansive and creative than we give it and ourselves credit for. It knows you have now heard the song of your own Soul and once you have heard that, even for a moment, there is no turning back. And why would you want to? Once you connect with the passion, the zest, the joy for life that following your heart's desire can offer you, nothing will ever satisfy you in the same way ever again. And that is a very good thing! All dreams come from your own Expanded or Higher Self and you are given these dreams because they all do indeed hold a high spiritual purpose! When you pursue a dream because the thought of it coming true gives you joy, and does indeed bring you joy as it is manifested, then the entire Universe celebrates with you. You have opened the door for not only more of your dreams to manifest, but have also made it that much easier for all others to manifest their dreams as well.

A manifested dream that anyone achieves sends forth a vibrational note as well as an energy imprint that others who are seeking inspiration and support may tune into to help them manifest their own dreams. If you fear that a dream you seek to manifest may bring pain to another, first you need to understand that you are only responsible for one person's happiness: Your own.

By denying your dreams and their right to be made a reality in your life, you open the door for a different type of energy to take root: the energy of defeat and bitterness which brings joy to no one, including the very person you were giving up your dreams for! When you choose to believe that you have the right to pursue your dreams, so too do you extend that same right and opportunity to all the people you know to do the same. Yet the choice is ultimately in their own hands, you can never force another person to grow and expand as we all have a Free Will and our choices are our OWN. So dream as much as you can your dreams are the Song of your Soul and they have come from a place of Peace and Light. Whatever comes from your Higher Self is pure love so dream as much as you want, so the Universe can rain Manifesting!





Xenophobia



Xenophobia is more broadly defined in the Dictionary of Psychology as “a fear of strangers”. As defined by the OED (Oxford English Dictionary) it can mean “a fear of or aversion to, not only persons from other countries, but other cultures, subcultures, subsets of belief systems; in short, anyone who meets any list of criteria about their origin, religion, personal beliefs, habits,

language, orientations, or any other criteria”.

It is an interesting issue and I find it very applicable in views of spirituality, religion, any set of beliefs one doesn't understand. It is once again, the fear of what we don't understand, and the fear of the unknown. Instead of getting acquainted with a belief, culture, religion, habits, etc., a xenophobic person reacts to existence of such diversity with aversion.

I have met many people over the years who have ridiculed spirituality; I have heard it called “nonsense”, “madness”, “non-scientific”, “illogical”, “a waste of time”, “comfort for the weak-minded”, etc. What fascinates me most is the fact that the people ridiculing spirituality have no knowledge about it whatsoever!! Most of them think being spiritual is going to church, and believing that when we die we go to Heaven or Hell. Those who go to Heaven sit on clouds and play harps for eternity, and the Hell inhabitants are sitting in huge pans and pots, and seem uncookable! It's not something I would like to believe in either. But, then - you do research! And think. No one can say Einstein or Tesla were illogical or non-scientific. Or weak minded. Yet, these great men (and many others) believed in being something much more than a mortal body. Quantum Physics is a science, and has a lot to say on the subject of immortality of the soul.

That's where Xenophobia walks in. Fear of strangers among us - healers, mediums, psychics, shamans, whatever you call them, brings on with it a

pattern of behavior connected to that group of people. So we can safely say that Xenophobia is, in this aspect, a fear caused by IGNORANCE, or a fear caused by MISINFORMATION:

The best way to broaden our sight is to learn. Studying other cultures, peoples, religions, and beliefs can only help you expand more as a human being, and get wonderful insight to what we are truly here for, and what we represent.

So don't be Xenophobic - be "Ignorancophobic", and Grow!!

